



## BIOGRAPHICAL ANALYSIS: soul, psyche and energy

Healing personal experience through scheduled study of the biographies themselves. This is an experiential workshop, celebrated in **working days**. It is a person to person meeting, approached from the pedagogical to the emotional-mental-soul and biographical, conducted by the therapist Marta Povo, in a special environment in retirement to focus every life step, placing the recorded memories of each of the first three sevens in life, and the consequences for the rest of one's life. It is celebrated only in small groups of pupils, with a 4 hours biographical analysis each.

This course is maximum 2 working days, so it is for 4 people, and 2 biographic analysis per day. The only person allowed to record this experience is the one who is analyzed. The other students can only learn by taking notes. It is advisable to call to Instituto Geocrom in advance showing one's personal interest in participating in this experience of biographical analysis, so to create the group.

### PROGRAM Contents

- The importance of healing one's own biography. Memories, codes and records of each one, in their energy field, in their psychology and soul. The Origin and Duality of existence.
- Rudolf Steiner and the Anthroposophy: the exercise of observation and healing of the sevens in a lifetime. How to observe, analyze and find the patterns of disruptive behavior, own or inherited repetitive codes.
- The importance of the first three sevens for the rest of a lifetime, from birth to 21 years. The conscious and subconscious, personal and collective, personal and from the family. Possible codes of past lives.
- Structure, emotionality and intellectuality. Own review of 0 to 21 years old, 21 to 42 years old, 42 to 63 years old. Possibility to decode the repetition of these records and make a conscious work of self-knowledge and self-evolutionary healing.
- Sharing one's own life, bare one's soul, and learn to guide biographies in patients or students. Mental-soul psychotherapy and spirituality.

## ORGANIZATION AND COORDINATES

- **TRAINING PROGRAM PRICE : 200 €** Registration is done by paying 50 % of the full price to Instituto Geocrom. This program has no discount, eventhough the person doesn't attend the 4 biographies of the group itself. If it takes place at CSIS Jardín, accomodation and diets costs the total amount of 70 € for the 2 days.
- **LENGHT AND SCHEDULE:** 2 day full-intensive course, starting one day at 9:00h until the following day at 20:00h. Occasionally this program is celebrated in Instituto Geocrom in Barcelona, but it is advisable to be celebrated in retreat modality at CSIS Jardin in Caldes de Montbui.
- **IMPORTANT NOTE:** Although a student could only be interested in analyzing his or her biography, it is advisable to listen to the other 3 biographies, as a way of therapeutic and psycho-spiritual learning. If desired, this biographical analysis can also be celebrated privately with Marta, as a 2 hours therapy in 3 weekly sessions, with their usual price. It is recommended to do so in groups because the biographies of others, even if they are completely different, they resonate much with our unconscious, and pupils can learn in a very professional way.
- **PRE-REGISTRATIONS AND PAYMENT:** By email to: [instituto@geocrom.com](mailto:instituto@geocrom.com) By calling to: (0034) 93 3190517 / (0034) 93 1701652 or Whatsapp: (0034) 629501829 . The seat reservation for the program can be paid in cash at Instituto Geocrom in Barcelona, but it is preferable to book and pay in advance through the On-line Store: [www.geocromonline.com](http://www.geocromonline.com). Only accommodation can be paid on-site the first day upon arrival.
- **OTHER CITIES:** If this workshop is requested, it is required to be organized by 'someone' in the other city, and necessary to be found a natural, intimate and comfortable environment. The number of students for this workshop is as well 4 people maximum. Outside Barcelona, Marta can not go only to celebrate this workshop, unless she moves to make 'another long course' and, perhaps, at the end or before the long one, link to this short workshop of 4 biographical analysis.



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[www.martapovo.es](http://www.martapovo.es)

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